

Aspen High School Quarter 4 Counseling Department Newsletter



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FOURTH QUARTER NEWS

May and the beginning of June are traditionally busy months for students, families, and teachers alike, and we anticipate this year to be no exception.

Enclosed in this newsletter are important dates, events, and information that will hopefully make this exciting time of year go more smoothly for all.

Seniors are busy staying engaged in classes, and preparing for final exams, graduation, closing activities, honors and festivities which make this a joyous and nostalgic time. It's hard to believe their last day of school is May 23rd! Congratulations seniors on all that you have accomplished!

SENIORS TAKING ONLINE COURSES!

All graduating seniors must have course work completed two weeks prior to graduation. If a student does not complete their online course that is needed to graduate, they will be unable to walk with their class. Please call your designated counselor to make sure your son or daughter is on track to complete their class. A final transcript for the online course must be sent to the counseling department from the program.

EDUCATING STUDENTS ABOUT THE HEALTH RISKS OF MARIJUANA

The Aspen High Counseling Department is hosting two separate discussions regarding the impacts of marijuana on the developing brain and body. Dr. Jonathan Birnkrant will introduce the discussion with a fifteen minute segment dedicated to facts and science including: how marijuana affects the undeveloped brain and your mental health. This will be followed by a panel discussion.

We are holding two separate discussions:

Monday May 5th 9:15-10:15 District Theater 11/12th grade

Tuesday May 13th 9:15-10:15 District Theater 9/10th grade

ARTICLE OF THE QUARTER



STUDY: POPULAR KIDS BULLIED TOO

A new study from researchers at the UC Davis and Penn State University found that the popular teens at school, except for the ones at the very top, are the most likely targets for bullying, not outcasts. "For most students, gains in status increase the likelihood of victimization and the severity of its consequences," they wrote. Translated: Those just below the top have everything to gain and lose, and mean behavior is rewarded, so it becomes a vicious cycle. According to the researchers, "evidence suggests that aggressors' campaigns of harassment and abuse are rewarded with increased prestige... particularly when they target socially prominent rivals." The study, published in the journal of the American Sociological

Association, used data from more than 8,000 students in 19 North Carolina schools. Girls had higher rates of victimization.

(To read the entire study, please go to <http://www.latimes.com> and enter the title into the search link or email jberro@aspenk12.net for a copy)

LOCAL SCHOLARSHIP UPDATE FOR SENIORS



The local scholarship process is almost complete. Invitations have been sent out to families for the Scholarship and Award Ceremony that is held Friday, May 9th at 6:00 at the Wheeler Opera House. Refreshments will follow the ceremony. **All students, families, and community members are welcome to attend the ceremony; however, only those students who receive an invitation will be receiving a scholarship or an award.**

ACT MAKE-UP TEST DATE

Juniors who missed the April 23rd ACT must take the make-up test on May 7th at 8:10AM in the seminar room.



The final test date for the national ACT is on June 14th at AHS. Registration will be open until May 23rd for students who missed the regular deadline. Any student who misses the registration or late registration deadline should fill out a stand-by registration ticket online and bring it with them on the day of testing at 7:45AM

SCHOOL'S OUT FOR SUMMER!



SUMMER OPPORTUNITIES

A summer opportunities board is located in the counseling office. Please encourage your student to stop by and learn about the academic, travel, and service possibilities available to them this summer. We will post new summer opportunities to the website as they come in.

For a complete list please contact Josh Berro (jberro@aspenk12.net)



CMC's First Ascent Youth Leadership Program, June 22-26, 2014

First Ascent Youth Leadership is a free one-week program at Colorado Mountain College in Leadville designed to help young people from various social and economic backgrounds develop leadership skills and confidence.

During the program, academics, physical outdoor activities and evening small-group discussion sessions are combined to allow our young leaders to step out with greater confidence in their new-found skills. For more information or to apply, click here

http://mycmc.coloradomtn.edu/web/academics/college_prep/first_ascent/how_to_apply

THE ONE AND ONLY BEST EVER COLLEGE WORKSHOP FOR CLASS OF 2015

All juniors are required to take the college workshop with Dr. Kathy Klug and Melissa Lustig this summer on Thursday, June 12th from 8:30 to 4:30. This is the only college workshop over the summer and all are expected to attend. This workshop will prepare each incoming senior for the college application process that starts over the summer and gears up when they return to school in August (resume, personal essay, letters of ask, etc.) Please contact Terry Rigney in the College Counseling if you cannot attend this free workshop. (970) 925-3760 x1174 or trigney@aspenk12.net.

Senior and Parent meeting is May 5, 5:45pm in the Seminar Room

1. Topics addressed will include graduation, senior week, safety, prom, project graduation, final paperwork and the transition from high school to college.
2. Seniors – please update Naviance with your decisions.
3. Students may fill out a Gold Sheet downstairs announcing your plans or where you will attend school next year. Each student that wants to participate should come up to College Counseling and write down your name on the “Gold Sheets” clipboard on my desk. Names will not be posted without your permission.

Junior and Parent meeting is May 12, 5:45pm in the Seminar Room

1. Topics addressed will include the remainder of Junior year, Boot Camp, summer work and basic preparation for college application season, test plan wrap up.
2. Juniors who have not scheduled a first meeting must make arrangements ASAP by seeing Terry in the Mezzanine.

College Fair

The 10th Annual College Fair is scheduled for Sunday, October 5th, 2014.

Service Letters

Every student is eligible to apply for a Service Letter. Service letters will be awarded on Friday, May 23rd at the 7 a.m. Outreach Service Club Breakfast. Students need not be members of Outreach to earn or apply for a letter. Letters are awarded for commitment to service throughout the year. Applications are available on Thursday, May 1st in the front hall outside the Commons between 11:30-1:00pm.

2014-2015 CLASS SCHEDULES

We are busy creating the master schedule for next year and expect it to be done over the summer. Please do not contact the counseling office until August about class schedules for next year. Students will pick up their schedules during their classes' check-in before the first day of school. Schedule changes will be considered at that time. If a student requires a unique schedule due to AVSC or other reasons, please call your respective counselor starting on August 11th to set up an appointment to go over your individual schedule.

TUTORS AVAILABLE

We have an up-to-date list of tutors in the valley. Please call or email us to get a list. Many tutors are available over the summer.

CLASS OF 2014 DATES

MAY 1

**INTERNATIONAL BACCALAUREATE DESSERT 6PM
*LIMELIGHT LODGE***

MAY 7

**EVENING OF THE ELECTIVES
*BLACK BOX THEATER/OUTSIDE OF BIG GYM***

MAY 9

**SCHOLARSHIP & AWARDS CEREMONY 6PM
*WHEELER OPERA HOUSE***

MAY 13

**NATIONAL HONOR SOCIETY BANQUET 6PM
*BUMPS AT BUTTERMILK***

MAY 19

**BACCALAUREATE MASS 6PM
*ASPEN CHAPEL***

MAY 23

**SENIORS LAST DAY
OUTREACH SERVICE CLUB BREAKFAST 7AM *AHS COMMONS***

MAY 27

SENIOR TRIP DEPARTS TIME TBA *CIRCLE BEHIND AHS*

MAY 28

**UNDERCLASSMEN AWARDS 10AM *AHS COMMONS*
SENIOR TRIP RETURNS 10PM *CIRCLE BEHIND AHS***

MAY 29

SENIOR AWARDS & EX-ED SLIDESHOW 9AM *DISTRICT THEATER*

YEARBOOK PASS OUT & PIZZA 12PM *THE BEACH*

SENIOR CHECK OUT ROUND ONE 1:00-3:00PM *DISTRICT
BOARDROOM*

SPORTS BANQUET 6PM *LOCATION TBA*

MAY 30

SENIOR CHECKOUT ROUND TWO: 8:00-10:00AM *DISTRICT
BOARDROOM*

SENIOR BRUNCH 11AM (GONDOLA 10:30) *SUNDECK*

SENIOR GRADUATION PRACTICE 1:00-3:00PM *BENEDICT MUSIC
TENT*

MAY 31

CLASS OF 2014 GRADUATION 1PM, SENIORS ARRIVE 11:30AM
BENEDICT MUSIC TENT

